

Track Your Speech Therapy Progress

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Weekly Speech Practice Log

Child's Name: _____ Week of: _____

Monday - Activity: _____ Time: ____ min Notes: _____

Tuesday - Activity: _____ Time: ____ min Notes: _____

Wednesday - Activity: _____ Time: ____ min Notes: _____

Thursday - Activity: _____ Time: ____ min Notes: _____

Friday - Activity: _____ Time: ____ min Notes: _____

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Weekend Practice & Notes

Saturday - Activity: _____ Time: ____ min Notes: _____

Sunday - Activity: _____ Time: ____ min Notes: _____

Weekly Summary

Total practice time this week: _____ minutes

Goals worked on: _____

Progress notes: _____

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Practice Tips for Parents

- Keep sessions short (5-10 minutes) and fun
- Practice at the same time each day to build routine
- Praise effort, not just correct productions
- Use games and play-based activities
- Model the correct sound without asking child to repeat
- Take breaks if your child becomes frustrated
- Celebrate small victories!

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Monthly Progress Chart

Color one star for each day you practiced!
